

UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
AT SEATTLE

KEVIN RAY HOLMES,

Plaintiff,

v.

CAROLYN W. COLVIN, Commissioner of  
Social Security,

Defendant.

Case No. C13-1846-JCC-BAT

**REPORT AND  
RECOMMENDATION**

Kevin Ray Holmes seeks review of the denial of his Supplemental Security Income and Disability Insurance Benefits applications. He contends the ALJ erred by failing to properly consider his anxiety disorder and diabetes mellitus at step two, and by rejecting the medical opinions of Rebecca Hale, PA-C and Dr. Janice Shaw, M.D.; and Jenny Walter, PA-C and Elizabeth Gabay, M.D. Dkt. 15. He also contends the Appeals Council erred in finding that new evidence he submitted after his hearing did not provide a basis for changing the ALJ's decision. *Id.* As discussed below, the Court recommends the Commissioner's decision be **AFFIRMED** and the case be **DISMISSED** with prejudice.

**BACKGROUND**

Mr. Holmes is currently 43 years old, has a high school education, and has worked as a

1 janitor, glazer, construction worker, and floor worker. Tr. 53, 54, 90-91. On September 9, 2010,  
 2 he applied for benefits, alleging disability as of January 1, 2005. Tr. 24, 249, 256. His  
 3 applications were denied initially and on reconsideration. Tr. 24; *see also* Dkt. 15 at 2. The ALJ  
 4 conducted a hearing on June 27, 2012, finding Mr. Holmes not disabled. Tr. 24-41. Mr. Holmes  
 5 filed a Request for Review in September, 2012, submitting new evidence. Tr. 7-18. The  
 6 Appeals Council reviewed the new evidence but denied his Request for Review, making the  
 7 ALJ's decision the Commissioner's final decision. Tr. 1-6.

### 8 THE ALJ'S DECISION

9 Utilizing the five-step disability evaluation process,<sup>1</sup> the ALJ found:

10 **Step one:** Mr. Holmes had not engaged in substantial gainful activity since January 1,  
 11 2005, the alleged onset date.

12 **Step two:** Mr. Holmes had the following severe impairments: degenerative disc disease  
 13 of the lumbar spine with foraminal narrowing and disc protrusion; personality disorder  
 NOS, major depressive disorder, PTSD, attention deficit hyperactivity disorder, and  
 alcohol abuse (in remission).

14 **Step three:** These impairments did not meet or equal the requirements of a listed  
 15 impairment.<sup>2</sup>

16 **Residual Functional Capacity:** Mr. Holmes had the residual functional capacity to lift  
 17 and carry ten pounds frequently and twenty pounds occasionally; stand and/or walk six  
 18 hours in an eight-hour workday and sit for the same; occasionally climb, stoop, crouch,  
 19 balance and crawl; and frequently kneel. Mr. Holmes could understand, remember, and  
 carry out simple, routine, and repetitive tasks; he should avoid contact with the general  
 public; he could have brief and superficial contact with supervisors and coworkers and  
 could work in parallel with coworkers but not as part of a team. Mr. Holmes works best  
 independently. Tr. 30.

20 **Step four:** Mr. Holmes could not perform his past work.

21 **Step five:** As there are jobs that exist in significant numbers in the national economy that  
 22 Mr. Holmes can perform, he is not disabled.

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23 <sup>1</sup> 20 C.F.R. §§ 404.1520, 416.920.

<sup>2</sup> 20 C.F.R. Part 404, Subpart P. Appendix 1.

Tr. 24-40.

## DISCUSSION

### A. The ALJ Did Not Err at Step Two

At step two, Mr. Holmes has the burden of proof to show (1) that he has medically determinable impairments; and (2) that his medically determinable impairments are severe. *See Bowen v. Yuckert*, 482 U.S. 137, 145, (1987); 20 C.F.R. §§ 404.1520(c), 416.920(c). An impairment is medically determinable if it results from anatomical, physiological, or psychological abnormalities which can be shown by medically acceptable clinical and laboratory diagnostic techniques; such an impairment can only be established using evidence from an acceptable medical source. 20 C.F.R. §§ 404.1508, 416.908; 20 C.F.R. §§ 404.1513(a), 416.913(a). Acceptable medical sources include licensed physicians and licensed or certified psychologists. *Id.* An ALJ may consider evidence from other sources<sup>3</sup> to show the severity of an impairment and how it affects a claimant's ability to work. 20 C.F.R. §§ 404.1513(d), 416.913(d); *see also* Social Security Ruling ("SSR") 06-03p.<sup>4</sup> *Id.* An impairment is severe if it significantly limits the claimant's physical or mental ability to do basic work activities. 20 C.F.R. §§ 404.1520, 416.920; 20 C.F.R. §§ 404.1521, 416.921. "[T]he step two inquiry is a *de minimis* screening device to dispose of groundless claims." *Smolen v. Chater*, 80 F.3d 1273, 1290 (9th Cir. 1996).

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<sup>3</sup> "Other sources" include medical sources who are not acceptable medical sources, such as physicians' assistants and counselors, and non-medical sources, such as spouses or other family members. 20 C.F.R. §§ 404.1513(d), 416.913(d).

<sup>4</sup> Although "Social Security Rulings do not have the force of law, [n]evertheless, they constitute Social Security Administration interpretations of the statute it administers and of its own regulations." *See Quang Van Han v. Bowen*, 882 F.2d 1453, 1457 (9th Cir. 1989) (*citing Paxton v. Sec. HHS*, 865 F.2d 1352, 1356 (9th Cir. 1988)); *Paulson v. Bowen*, 836 F.2d 1249, 1252 n.2 (9th Cir. 1988)) (internal citation and footnote omitted). As stated by the Ninth Circuit, "we defer to Social Security Rulings unless they are plainly erroneous or inconsistent with the [Social Security] Act or regulations." *Id.* (*citing Chevron USA, Inc. v. NRDC, Inc.*, 467 U.S. 837, 842-45 (1984)).

1           **1.       *Anxiety Disorder***

2           Mr. Holmes argues the ALJ overlooked his severe impairment of anxiety disorder at step  
3 two. To demonstrate he has a medically determinable impairment, he identifies a July 2011  
4 psychological/psychiatric evaluation by Ellen Walker Lind, Ph.D., wherein the doctor diagnosed  
5 generalized anxiety disorder.<sup>5</sup> Dkt. 15 at 11; Tr. 484. Although Dr. Lind indicated she did not  
6 observe any symptoms, she opined Mr. Holmes' anxiety would markedly impair his ability to  
7 work. Tr. 484. She also opined Mr. Holmes was markedly impaired in his ability to  
8 communicate and perform effectively in a work setting with public contact, explaining he was  
9 "socially anxious." Tr. 485.

10           At step two of the sequential evaluation, Mr. Holmes has the burden to present evidence  
11 sufficient to establish a severe medically determinable impairment. *See Tackett v. Apfel*, 180  
12 F.3d 1094, 1098 (9th Cir. 1999) ("The burden of proof is on the claimant as to steps one to  
13 four."). He must prove the existence of a physical or mental impairment by providing medical  
14 evidence consisting of signs, symptoms, and laboratory findings. 20 C.F.R. §§ 404.1508,  
15 416.908; 404.1528, 416.928. "Symptoms" are the claimant's own descriptions of his physical or  
16 mental impairment; however, a claimant's own statement of symptoms alone will not suffice. *Id.*

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18 <sup>5</sup> In challenging the ALJ's rejection of Dr. Lind's July 2011 opinion, Mr. Holmes conflates the  
19 ALJ's treatment of that opinion and the doctor's July 2007 opinion. *See* Dkt. 15 at 12; *compare*  
20 Tr. 36 with Tr. 37-38. He later begins to address a challenge to the ALJ's rejection of Dr. Lind's  
21 July 2007 opinion; however, that opinion is entirely irrelevant to his step two argument because  
22 it contains no diagnosis, or even discussion, of anxiety disorder. *See* Dkt. 15 at 13; *see also* Tr. 489  
23 (diagnoses ADHD and Personality Disorder NOS). Mr. Holmes also misinterprets the doctor's  
mental status examination notes, claiming she observed him with an "anxious as well as  
depressed mood and affect." Dkt. 15 at 13 (*citing* Tr. 487). The notes say no such thing.  
Rather, the mental status exam contains prompts which are indicated by a list of options. *See* Tr.  
487. Dr. Lind's selections are clearly indicated in each category. Thus, the prompt Mr. Holmes  
refers to provides: "Mood and Affect—depression, anxiety, appetite, sleep, OCD, phobias?  
Sleep — variable[.] Appetite — poor." *Id.* The examination notes do not state Mr. Holmes  
exhibited depression or anxiety.

1 “Signs” are anatomical, physiological, or psychological abnormalities which can be observed,  
2 apart from the claimant’s statements. 20 C.F.R. §§ 404.1528(b), 416.928(b). Signs must be  
3 shown by medically acceptable clinical diagnostic techniques. *Id.* Psychiatric signs are  
4 medically demonstrable phenomena that indicate specific psychological abnormalities, such as  
5 abnormalities of behavior, mood, thought, memory, orientation, development, or perception.  
6 They must also be shown by observable facts that can be medically described and evaluated. *Id.*  
7 “Laboratory findings” are anatomical, physiological, or psychological phenomena which can be  
8 shown by the use of medically acceptable laboratory diagnostic techniques.” 20 C.F.R. §§  
9 404.1528(c), 416.928(c). Thus, a symptom or combination of symptoms cannot establish a  
10 medically determinable physical or mental impairment “unless there are medical signs and  
11 laboratory findings demonstrating the existence of a medically determinable physical or mental  
12 impairment.” SSR 96-4p.

13 In relying on Dr. Lind’s opinion, Mr. Holmes fails to meet his burden at step two. Dr.  
14 Lind diagnoses anxiety disorder, but the diagnosis is not supported by observed signs or  
15 laboratory findings. *See* Tr. 483-87. Dr. Lind specifically notes she did not observe Mr.  
16 Holmes’ symptoms of anxiety. Tr. 484. Additionally, Mr. Holmes’ mental status examination is  
17 largely unremarkable except for the observations that his sleep and memory were “variable” and  
18 his appetite “poor.” Tr. 487. Nothing in the mental status examination suggests Mr. Holmes was  
19 suffering from anxiety. *See id.* In short, Dr. Lind’s evaluation fails to establish anxiety disorder  
20 is a medically determinable impairment.

21 Because Mr. Holmes does not establish he has a medically determinable impairment, the  
22 Court does not address whether such an impairment is severe.<sup>6</sup> But even if the opinion had

23 \_\_\_\_\_  
<sup>6</sup> The Court notes that Mr. Holmes identifies two other providers who he contends “document his

1 established a severe, medically determinable impairment at step two, Mr. Holmes has failed to  
 2 show any error was harmful. He contends the failure to include the impairment led to an  
 3 incomplete RFC assessment, because the ALJ's "limitation that the claimant 'should avoid  
 4 contact with the general public' does not preclude all public contact." Dkt. 15 at 12 (*citing* Tr.  
 5 30). The argument is not persuasive. Mr. Holmes merely presumes that Dr. Lind's assessments  
 6 are inconsistent with his assessed RFC, but he does not explain how marked limitations in his  
 7 ability to communicate and perform in a work setting with public contact clearly conflicts with  
 8 the limitation in his RFC that "he should avoid contact with the general public . . . He works best  
 9 independently." Tr. 30. An ALJ need not provide reasons for rejecting a physician's opinion  
 10 where the ALJ incorporated them into the RFC, *Turner v. Comm'r, Soc. Sec. Admin.*, 613 F.3d  
 11 1217, 1223 (9th Cir. 2010), and when evidence reasonably supports either confirming or  
 12 reversing the ALJ's decision, the court may not substitute its judgment for that of the ALJ,  
 13 *Tackett v. Apfel*, 180 F.3d 1094, 1098 (9th Cir. 1999). Accordingly, the Court recommends  
 14 finding any failure to find anxiety disorder was a severe impairment at step two is harmless.

## 15           **2.       *Diabetes Mellitus***

16           Mr. Holmes also argues the ALJ erred in finding his medically determinable diabetes is  
 17 controlled with medication, caused no functional limitations, and was non-severe. Dkt. 15 at 14  
 18 (*citing* Tr. 27). As evidence that his condition was not controlled by medication, Mr. Holmes  
 19 points to a number of records between September 23, 2010 and March 2, 2012, indicating his  
 20 blood sugar levels fluctuated and generally remained high. *See* Dkt. 15 at 14-17 (*citing* Tr. 377,  
 21 ongoing anxiety." Dkt. 15 at 13-14 (*citing* Tr. 451-52, 550-52). The Court construes these  
 22 arguments as going to the issue of severity, rather than diagnosis, for two reasons: 1) the  
 23 providers offer no diagnosis of anxiety disorder; and 2) the sources are not "acceptable medical  
 sources" under 20 C.F.R. §§ 404.1513(a) and 416.913(a). Evidence from other sources may be  
 used to show the *severity* of a claimant's impairments, but diagnosis must be established through  
 evidence from an acceptable medical source. *See* 20 C.F.R. §§ 404.1513(d), 416.913(d).

1 412, 526, 536, 539, 543, 546, 553-54, 567). The medical evidence indicates Mr. Holmes' status  
2 was continually monitored and his medications constantly modified. The Court agrees with Mr.  
3 Holmes that some of his symptoms, *i.e.*, elevated blood sugar levels, were not fully alleviated by  
4 medication. Even so, Mr. Holmes has not shown the condition caused functional limitations that  
5 significantly limit his ability to do basic work activities.

6 The record indicates Mr. Holmes exhibited symptoms of diarrhea (caused by his diabetes  
7 medication) and polyuria in late 2010. Tr. 377, 412. However, in February 2011, Mr. Holmes'  
8 provider noted "No sensory loss reported . . . Hypoglycemic symptoms are not occurring. No  
9 hyperglycemic symptoms<sup>7</sup> are reported. There are no symptoms to suggest diabetic  
10 complications." Tr. 553. An April 29, 2011 record indicates Mr. Holmes experienced "shaking"  
11 but that it was resolved with Lantus. Tr. 543. In July 2011, Mr. Holmes' provider noted he had  
12 "[n]o numbness or tingling. No wounds. NO dm high or low bs symptoms." Tr. 536. The  
13 record also indicates his diabetic foot exams were largely normal, with the exception of a March  
14 2, 2012 exam that indicated he had "abnormal" scratches on his left foot. *See* Tr. 527. The  
15 report does not explain the source of the scratches, nor does it attribute them to any medical  
16 condition. Treatment notes from that day also state Mr. Holmes stopped taking metformin due to  
17 diarrhea. Tr. 526. The record is silent as to whether his diarrhea symptoms continued after this  
18 time.

19 Mr. Holmes has not shown by objective medical evidence that his symptoms, including  
20 those caused by medication, affected his functional capabilities. He simply asserts, without  
21 citation to the record, that his diabetes "significantly limits him because his need for frequent and  
22 unscheduled bathroom breaks would not be accommodated by a normal work schedule which  
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<sup>7</sup> According to his medical records, hyperglycemic symptoms include polyuria. Tr. 377.

provides for a morning, lunch, and afternoon break.” Dkt. 15 at 14. Curiously, though he acknowledges his shaking was relieved with medication, he also asserts that shaking “would affect [his] ability to do feeling, fine fingering, and potentially handling.” *Id.* at 14-15. The record does not contain evidence that these symptoms would significantly limit Mr. Holmes’ ability to do basic work activities. Noticeably, Mr. Holmes’ testimony also fails to provide evidence supporting functional limitations flowing from his symptoms. Accordingly, the Court cannot say the ALJ erred in concluding diabetes did not cause functional limitations and was not severe. The Court recommends affirming the ALJ’s step two findings.

**B. The ALD Did Not Err in Discounting the Medical Opinion Evidence**

Mr. Holmes argues the ALJ’s RFC does not include all limitations supported by the record because the ALJ improperly rejected the medical opinions of Rebecca Hale, PA-C and Janice Shaw, M.D.; and Jenny Walter, PA-C and Elizabeth Gabay, M.D.; in favor of the opinion of State agency reviewing medical consultant Robert Hoskins, M.D.<sup>8</sup> Dkt. 15 at 4.

Where a treating or examining doctor’s opinion is contradicted by that of another doctor, it may not be rejected without “specific and legitimate reasons based on substantial evidence in the record.”<sup>9</sup> *Andrews v. Shalala*, 53 F.3d 1035, 1041, 1043 (9th Cir. 1995). “The ALJ can meet

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<sup>8</sup> Mr. Holmes observes that the ALJ assigned the opinion of Dr. Hoskins “significant weight,” even though Dr. Hoskins did not review the medical opinion of Ms. Hale and Dr. Shaw. Dkt. 15 at 7-8; *see also* Tr. 35. It is not entirely clear what error, if any, Mr. Holmes attributes to the observation aside from his argument that the ALJ failed to provide specific and legitimate reasons for rejecting Ms. Hale’s and Dr. Shaw’s opinion. Because Mr. Holmes acknowledges that “the controverted opinion of a treating or examining physician may be rejected in favor of the opinion of a reviewing physician for [\*242] [*sic*] specific and legitimate reasons supported by substantial evidence in the record,” Dkt. 15 at 5 (*citing Andrews v. Shalala*, 53 F.3d at 1041), the Court declines to address the ALJ’s evaluation of Dr. Hoskins’s opinion separately from its review of the ALJ’s findings regarding Ms. Hale and Dr. Shaw.

<sup>9</sup> Neither party contends the opinions at issue may only be rejected for clear and convincing or germane reasons. *See Lester v. Chater*, 81 F.3d 821, 830 (9th Cir. 1988); *Molina v. Astrue*, 674 F.3d 1104, 1111 (9th Cir. 2012). Because the contradicted opinions at issue reflect examinations



1 this burden by setting out a detailed and thorough summary of the facts and conflicting clinical  
 2 evidence, stating his interpretation thereof, and making findings.” *Magallanes v. Bowen*, 881  
 3 F.2d 747, 751 (9th Cir. 1989); *accord Andrews*, 53 F.3d at 1043.

4 **1. *Rebecca Hale, PA-C and Janice Shaw, M.D.***

5 In July 2007, Rebecca Hale, PA-C, completed a physical evaluation and range of joint  
 6 motion chart. Tr. 472-77. The evaluation was affirmed by Janice Shaw, M.D. Tr. 475. The  
 7 ALJ assigned “minimal weight” to the opinion that Mr. Holmes was limited to sedentary<sup>10</sup> work,  
 8 stating the opinion was insufficiently supported by the providers’ findings, it was not supported  
 9 by other medical evidence suggesting he “exhibited normal gait and posture,” it was inconsistent  
 10 with his descriptions of walking as exercise, and Mr. Holmes’ back pain was resolved by  
 11 physical therapy in 2010. Tr. 35.

12 The ALJ found Mr. Holmes’ “positive right straight leg raise, a limping gait, and mildly  
 13 limited forward lumbar flexion (70 degrees),” was inadequate justification for limiting him to  
 14 sedentary work. Tr. 35. Mr. Holmes contends that “the ALJ failed to explain how a person with  
 15 those findings . . . is absolutely able to perform greater than sedentary level work.” Dkt. 15 at 7.  
 16 Again, Mr. Holmes overlooks the fact that the burden is on the claimant to provide disability at

17 by “other sources” which have been affirmed by “acceptable medical sources” under 20 CFR  
 18 404.1513(d) and 416.913(d), the Court finds that the ALJ need provide specific and legitimate  
 19 reasons for rejecting them. As the Commissioner notes, this standard is applied whether the  
 20 acceptable medical source is an examining or treating doctor. Dkt. 16 at 14, n.4.

21 <sup>10</sup> The examination form defines sedentary work as “the ability to lift 10 pounds maximum and  
 22 frequently lift and/or carry such articles as files and small tools. A sedentary job may require  
 23 sitting, walking, and standing for brief periods.” Tr. 474. The ALJ presumed the providers’ use  
 of “sedentary” referred to “sedentary” as that word is defined in 20 C.F.R. § 404.1567(a), which  
 provides: “[s]edentary work involves lifting no more than 10 pounds at a time and occasionally  
 lifting or carrying articles like docket files, ledgers, and small tools. Although a sedentary job is  
 defined as one which involves sitting, a certain amount of walking and standing is often  
 necessary in carrying out job duties. Jobs are sedentary if walking and standing are required  
 occasionally and other sedentary criteria are met.” Mr. Holmes’ use of “sedentary” also alludes  
 to the two-hour sitting and standing maximum described in SSR 96-9p. *See* Dkt. 15 at 8.

1 steps one to four of the five-step sequential evaluation process. *Tackett*, 180 F.3d at 1098 (*citing*  
2 20 C.F.R. § 404.1520). Nevertheless, Mr. Holmes correctly observes that the ALJ erred in  
3 assuming the opinion was based entirely on the findings discussed by the ALJ. The providers'  
4 physical evaluation also notes they had reviewed an x-ray showing degenerative joint disease of  
5 the back, two medications to date had not been helpful, and Mr. Holmes was tender to palpation  
6 on his spine. Tr. 473. But the evaluation also states, without explanation, that Mr. Holmes had  
7 severe limitations in sitting, standing, walking, lifting, and carrying; and that he had "restricted"  
8 mobility in balancing, climbing, crouching, kneeling, pulling, pushing, reaching, sitting, and  
9 stooping. Tr. 474. A treating physician's opinion need not be given controlling weight when it  
10 is "conclusory, brief, and unsupported by the record as a whole . . . or by objective medical  
11 findings." *Batson*, 359 F.3d at 1195. Mr. Holmes fails to proffer facts demonstrating the opinion  
12 and limitations are supported by objective findings. On this record, the Court cannot determine  
13 that Mr. Holmes' RFC, which limits him to work activity between what would be considered  
14 sedentary or light, is not supported by the evidence.

15 The ALJ also rejected Ms. Hale's and Dr. Shaw's opinion because other evidence in the  
16 record suggests Mr. Holmes had normal gait and posture. Tr. 35. This finding is not challenged.  
17 The Court finds the ALJ properly discredited one of the factual bases the providers relied upon in  
18 forming their opinion. The contradiction between the providers' finding that Mr. Holmes had a  
19 limping gait, and other, later evidence suggesting the opposite, was a valid reason for rejecting  
20 the opinion.

21 Mr. Holmes next challenges the ALJ's finding that the July 2007 opinion was  
22 inconsistent with Mr. Holmes' repeated reports of walking for exercise. Tr. 35 (*citing* hearing  
23 transcript, Tr. 341-50; 419). Mr. Holmes does not dispute that he reported walking; rather, he

1 argues that the ALJ has not shown that he has been walking or standing in excess of the  
 2 limitations imposed by the sedentary level of work. Dkt. 15 at 8. The Court agrees. Nothing in  
 3 the record describes the duration of Mr. Holmes' daily walks, and in fact, the evidence suggests  
 4 he walked no longer than needed to shop for groceries or to attend class. *See* Tr. 81-82, 347,  
 5 419. Thus, this was not a specific and legitimate reason for discrediting the providers' opinions.

6 Finally, Mr. Holmes challenges the ALJ's finding that his back pain was resolved  
 7 following physical therapy in 2010. Dkt. 15 at 8 (*citing* Tr. 35). The Commissioner contends  
 8 this was a valid reason to reject the July 2007 opinion because the evidence indicated his  
 9 condition would be responsive to conservative treatment. Dkt. 16 at 16. Substantial evidence  
 10 does not support the ALJ's finding or the Commissioner's position. The weight of the evidence  
 11 indicates that back pain continued in 2011 and 2012. *See, e.g.*, Tr. 521, 526, 555, 624, 632.  
 12 Accordingly, this was not a specific and legitimate reason for discounting the July 2007  
 13 opinion.<sup>11</sup>

14 In sum, although the reasons the ALJ gave to discount the opinion are not error free, the  
 15 Court concludes the ALJ's errors were harmless. This is because despite the errors, substantial  
 16 evidence supports the remaining valid reasons the ALJ gave, and the errors do not negate the  
 17 validity of the her ultimate determination that the opinion should be rejected. *See* Tr. 35; *see*  
 18 *also Carmickle v. Commissioner*, 533 F.3d 1155, 1162 (9th Cir. 2008).

## 19 **2. Jenny Walter, PA-C and Dr. Elizabeth Gabay, M.D.**

20 On July 29, 2011, treating provider Jenny Walter, PA-C, opined Mr. Holmes could sit

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21 <sup>11</sup> Mr. Holmes also argues the ALJ erred in questioning the nature of Dr. Shaw's treating  
 22 relationship. Dkt. 15 at 6. The argument lacks merit for two reasons: 1) it is not clear the ALJ  
 23 discounted the opinion on this basis; and 2) the standard applied in reviewing the ALJ's rejection  
 of the opinion is the same whether Dr. Shaw was Mr. Holmes' treating or examining doctor. *See*  
*Andrews*, 53 F.3d at 1041, 1043.

1 and stand for two hours in an eight-hour work day. Tr. 503. The opinion is affirmed by  
2 supervising physician Elizabeth Gabay, M.D. The ALJ assigned the opinion “little weight,”  
3 finding “no evidence to support such a severe limitation in the claimant [*sic*] abilities to sit,  
4 stand, or walk. Ms. Walter’s examination of the claimant noted restricted range of motion in the  
5 claimant [*sic*] lumbar and cervical spine, but also noted normal gait and posture (11F)” Tr. 35.

6 The ALJ’s remarks are hardly a model of clarity. Nevertheless, if, on the one hand, the  
7 Court interprets the ALJ’s reference to “no evidence” as based on the record as a whole, the  
8 ALJ’s determination is supported by substantial evidence. Mr. Holmes’ does not point to any  
9 evidence of a clear factual basis for limitations as restricted as those opined by Ms. Walter and  
10 Dr. Gabay, and the Court finds none in the record. On the other hand, if the Court interprets the  
11 ALJ’s remarks as suggesting the opinion at issue is conclusory and unsupported, the reasoning is  
12 also valid. *Batson*, 359 F.3d at 1195. The providers’ opinion makes no attempt to link the  
13 findings, which are scant, to the limitations that are assessed. *See* Tr. 503-09. For example,  
14 there is no discussion about how the observed range of motion restrictions preclude Mr. Holmes  
15 from standing or sitting more than two hours in a given day.<sup>12</sup> Thus, because the ALJ’s specific  
16 and legitimate reasons for rejecting the July 29, 2011 opinion are supported by substantial  
17 evidence, the Court recommends affirming the ALJ.

### 18 **C. New Evidence**

19 Mr. Holmes contends the Court should find the Appeals Council erred in failing to

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21 <sup>12</sup> Mr. Holmes contends the ALJ “failed to consider that Ms. Walter and Dr. Gabay based their  
22 opinion on their review of reports from records and additional information which showed that  
23 Plaintiff had a large right paracentral disc protrusion completely filling the right lateral recess.”  
Dkt. 15 at 10 (*citing* Tr. 504). The assertion overstates the evidence. The opinion includes a  
note simply stating “large R paracentral disc protrusion completely filling the right lateral  
recess.” Tr. 504. It is entirely unclear what the providers relied upon in support of the statement,  
and there is no discussion of an impact on Mr. Holmes’ ability to work.

1 properly consider new evidence submitted by Dr. Shaw after Mr. Holmes' hearing. Dkt. 15 at  
2 10. He also argues this additional assessment by Dr. Shaw demonstrates the doctor had a  
3 treating relationship with him. *Id.* The arguments are unavailing.

4 As the Commissioner correctly notes, this Court lacks jurisdiction to review a decision of  
5 the Appeals Council denying a request for review of an ALJ's decision. *See Taylor v. Comm'r,*  
6 *Soc. Sec. Admin.*, 659 F.3d 1228, 1231 (9th Cir. 2011). However, "when the Appeals Council  
7 considers new evidence in deciding whether to review a decision of the ALJ, that evidence  
8 becomes part of the administrative record, which the district court must consider when reviewing  
9 the Commissioner's final decision for substantial evidence." *Brewes v. Comm'r, Soc. Sec.*  
10 *Admin.*, 682 F.3d 1157, 1163 (9th Cir. 2012). Accordingly, the question before the Court is  
11 whether, in light of the new evidence Mr. Holmes submitted to the Appeals Council, substantial  
12 evidence supports the ALJ's decision.

13 Dr. Shaw completed a physical functional assessment of Mr. Holmes on July 9, 2012,  
14 which was submitted to the Appeals Council in connection with his September 2012 Request for  
15 Review. *See* Tr. 7-18. The Commissioner contends the assessment contains even fewer clinical  
16 findings than the doctor's previous assessment. Dkt. 16 at 18. The Court agrees. Dr. Shaw  
17 checked a box to indicate "[t]he patient has postural restrictions." Tr. 15. The doctor left blank  
18 boxes stating "[t]he patient can stand for six (6) hours in an eight (8) hour work day," "[t]he  
19 patient can sit for prolonged periods with occasional pushing and pulling of or [sic] arm or leg  
20 controls," and "[t]he patient can sit for most of the day; walking or standing for brief periods."  
21 *Id.* The doctor indicated Mr. Holmes can lift a "maximum" of 10 pounds, and can frequently lift  
22 or carry two pounds. *Id.* Attached to Dr. Shaw's assessment is a range of joint motion  
23 evaluation chart showing restricted movement in a number of categories. Tr. 17-18.

1 Mr. Holmes concludes the assessment establishes the ALJ “could have reached a  
2 different physical RFC assessment or a different assessment of Dr. Shaw’s professional  
3 relationship to the claimant . . . [and] the ALJ could have reached a very different credibility  
4 assessment.” Dkt. 15 at 10-11. Mr. Holmes fails to demonstrate the Court should set aside the  
5 ALJ’s decision. First, the functional assessment provides no opinion as to sitting, standing or  
6 walking limitations, because it does not describe what Mr. Holmes can do despite his  
7 impairments. *See* 20 C.F.R. §§ 404.1527(a)(2), 416.927(a)(2).<sup>13</sup> Second, the assessment is  
8 consistent with Ms. Hale’s and Dr. Shaw’s July 2007 opinion — which the Court finds was  
9 properly rejected by the ALJ — but provides even less explanation as to how the doctor arrived  
10 at her opinion. *Compare* Tr. 472-77 with Tr. 15-18. The relevant inquiry is not whether there is  
11 some evidence to support Mr. Holmes’ position, but whether there was substantial evidence to  
12 support the ALJ’s decision. And just as merely asserting evidence is inconsistent with an RFC is  
13 insufficient; asserting that duplicative evidence is inconsistent with an RFC is also insufficient.  
14 Mr. Holmes has not demonstrated why the evidence necessarily deprives the record of  
15 substantial evidence supporting the ALJ’s decision.

16 Additionally, Mr. Holmes fails to establish any harm caused by the ALJ’s assessment as  
17 to the nature of Dr. Shaw’s treating relationship. As discussed above, it is not clear the ALJ  
18 discounted the opinion on this basis; and even if she did, the standard applied in reviewing the  
19 ALJ’s rejection of the opinion is the same whether Dr. Shaw was Mr. Holmes’ treating or  
20 examining doctor. *See Andrews*, 53 F.3d at 1041, 1043.

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21 <sup>13</sup>20 C.F.R. §§ 404.1527(a)(2) and 416.927(a)(2) provide: “Evidence that you submit or that we  
22 obtain may contain medical opinions. Medical opinions are statements from physicians and  
23 psychologists or other acceptable medical sources that reflect judgments about the nature and  
severity of your impairment(s), including your symptoms, diagnosis and prognosis, what you can  
still do despite impairment(s), and your physical or mental restrictions.”

1 Finally, as Mr. Holmes does not challenge the ALJ's adverse credibility findings, the  
2 Court is perplexed as to his statement that the new evidence suggests the ALJ might have made a  
3 different credibility assessment. The argument is vague and unsupported; accordingly, the Court  
4 does not address it. *See Indep. Towers of Wash. v. Washington*, 350 F.3d 925, 929 (9th Cir.  
5 2003) (declining to address assertions unaccompanied by legal arguments: "We require  
6 contentions to be accompanied by reasons."). The ALJ's decision should thus be affirmed.

### 7 CONCLUSION

8 For the foregoing reasons, the Court recommends that the Commissioner's decision  
9 should be **AFFIRMED** and recommends the case be **DISMISSED** with prejudice.

10 A proposed order accompanies this Report and Recommendation. Objections, if any, to  
11 this Report and Recommendation must be filed and served no later than **August 20, 2014**. If no  
12 objections are filed, the matter will be ready for the Court's consideration on **August 21, 2014**.  
13 If objections are filed, any response is due within 14 days after being served with the objections.  
14 A party filing an objection must note the matter for the Court's consideration 14 days from the  
15 date the objection is filed and served. Objections and responses shall not exceed twelve pages.  
16 The failure to timely object may affect the right to appeal.

17 DATED this 6th day of August, 2014.



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19  
20 BRIAN A. TSUCHIDA  
United States Magistrate Judge